

## Masks for Children

### DO choose masks that



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps



Have a nose wire to prevent air from leaking out of the top of the mask

### DO NOT choose masks that



Are made of fabric that makes it hard to breathe, for example, vinyl



Have exhalation valves or vents which allow virus particles to escape

### Please note:

- High-quality respirator-type masks (N95 and KN94s/95s) are proven to provide the most and longest protection against airborne particles. The supply chains for these masks are now producing enough for the public to purchase them, including children.
- Make sure any mask is worn as intended by the maker.
- One of the most common issues at school is masks that slip off the nose. Please check for a snug fit.
- Gaiters are not on the list above, because they do not provide adequate protection.

## Resources

An excellent resource about masks for kids and how to find high-quality, non-counterfeit N95s and KN94 for children: <https://cleanaircrew.org/kids-masks/>

Another verified mask resource: <https://www.nytimes.com/wirecutter/reviews/where-to-buy-n95-kn95-masks-online/?action=click&module=Science%20%20Technology&pgtype=Homepage>

## How to ensure you are buying a high-quality, authentic mask:

### Masks that Meet a Standard

Some masks are designed and tested to ensure they perform at a consistent level to prevent the spread of COVID-19. These masks are labeled to tell you what standard they meet.

#### Look for masks that are labeled as

- MEETS ASTM F3502
- MEETS WORKPLACE PERFORMANCE
- MEETS WORKPLACE PERFORMANCE PLUS
- KN95

#### Do NOT wear

- If you have certain types of facial hair
- [Counterfeit \(fake\)](#) KN95 masks
  - **BE AWARE: About 60% KN95 masks in the United States are counterfeit (fake) and DO NOT meet NIOSH requirements.**
- If hard to breathe
- If wet or dirty
- With other masks
- As a replacement for [respiratory protection](#)

